THE BURDEN OF A VCF

TREATMENT OPTIONS

RKP

VP

**MORTALITY RISK** 

**ECONOMIC VALUE** 

BALLOON
KYPHOPLASTY &
VERTEBROPLASTY
VALUE
SUMMARY



REFERENCES



DEFINITION/ORIGIN

**OSTEOPOROSIS** 

FRACTURE TYPE

FRACTURE INCIDENCE

THE BURDEN
OF A VCF

TREATMENT OPTIONS

BKP

VP

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ECONOMIC VALUE

**MORTALITY RISK** 

REFERENCES



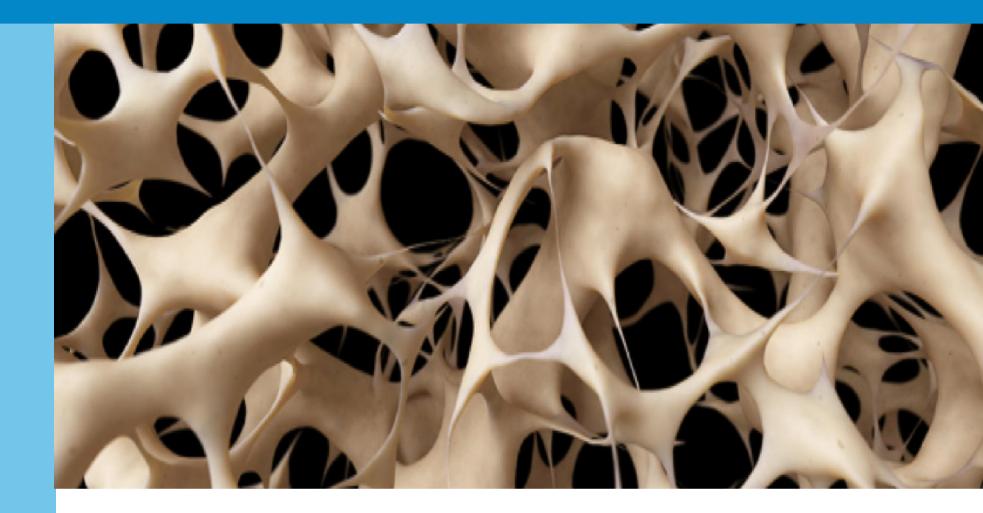
# WHAT IS A VERTEBRAL COMPRESSION FRACTURE?

A VERTEBRAL
COMPRESSION
FRACTURE
IS A COLLAPSE
OF A VERTEBRA
AND MAY BE DUE TO
OSTEOPOROSIS
TRAUMA
OR TUMOR

A vertebral compression fracture can occur suddenly. This can cause severe back pain.

The pain is most commonly felt in the middle or lower spine. It can also be felt on the sides or in the front of the spine.

The pain is sharp and "knife-like." Pain can be disabling.



85%
OF VERTEBRAL
COMPRESSION
FRACTURES
ARE DUE TO
PRIMARY
OSTEOPOROSIS¹

**DEFINITION/ORIGIN** 

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FRACTURE TYPE

FRACTURE INCIDENCE

THE BURDEN
OF A VCF

TREATMENT OPTIONS

BKP

VP

MORTALITY RISK

**ECONOMIC VALUE** 

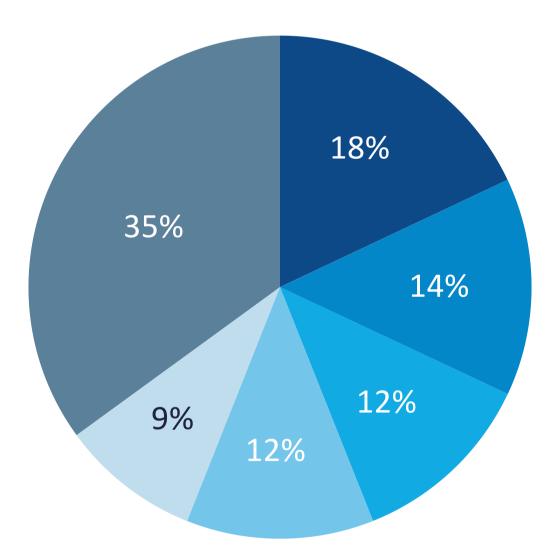
REFERENCES



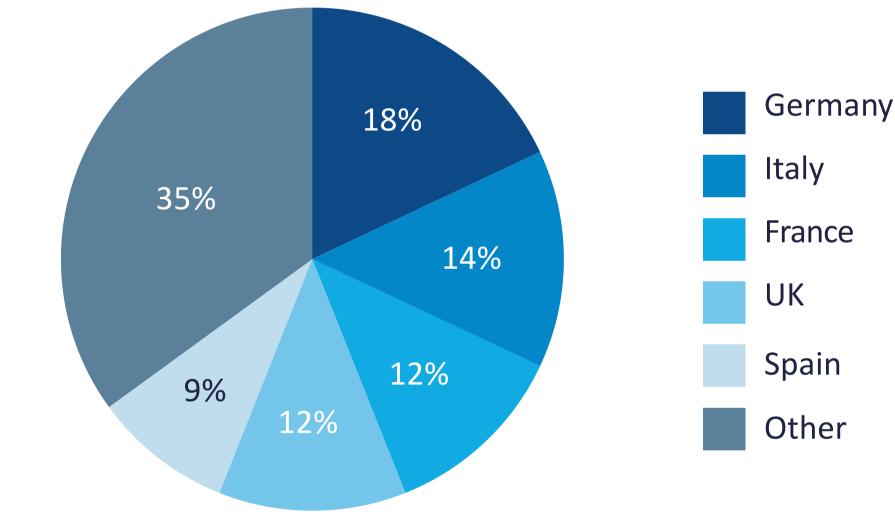
### **OSTEOPOROSIS**

... is a disease in which the density and quality of bone are reduced. As bones become more porous and fragile, the risk of fracture is greatly increased. The loss of bone occurs silently and progressively. Often there are no symptoms until the first fracture<sup>2</sup>.

## THE PREVALENCE DISTRIBUTION OF OSTEOPOROSIS IN THE EU AND THE 5 COUNTRIES WITH THE HIGHEST POPULATIONS IN 2010<sup>3</sup>:







5.6 million men in the EU have osteoporosis.

**DEFINITION/ORIGIN** 

OSTEOPOROSIS

FRACTURE TYPE

FRACTURE INCIDENCE

THE BURDEN
OF A VCF

TREATMENT OPTIONS

BKP

VP

**MORTALITY RISK** 

**ECONOMIC VALUE** 

REFERENCES

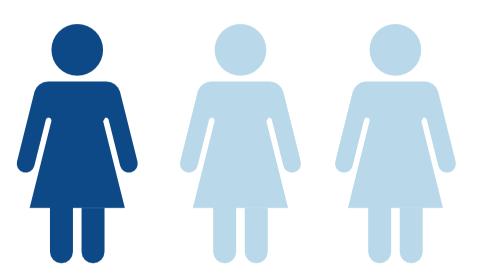


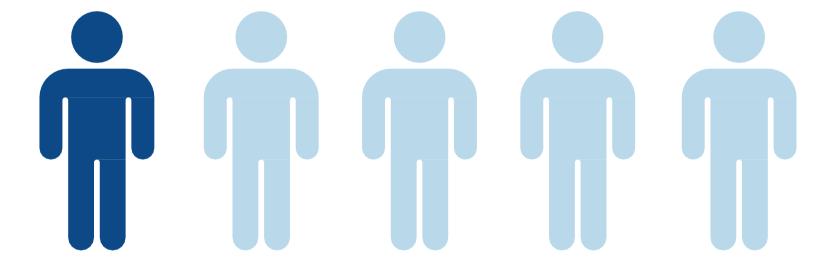
# FRACTURE TYPE VCF SECOND MOST COMMON FORM OF OSTEOPOROTIC FRACTURES

MOST COMMON FRACTURES



AROUND THE WORLD,
1 IN 3 WOMEN
AND 1 IN 5 MEN
ARE AT RISK OF AN
OSTEOPOROTIC
FRACTURE<sup>2</sup>





**DEFINITION/ORIGIN** 

OSTEOPOROSIS

FRACTURE

FRACTURE INCIDENCE

THE BURDEN
OF A VCF

TREATMENT OPTIONS

BKP

VP

**MORTALITY RISK** 

**ECONOMIC VALUE** 

REFERENCES



# FRACTURE TYPE VCF SECOND MOST COMMON FORM OF OSTEOPOROTIC FRACTURES

FRACTURE RISKS



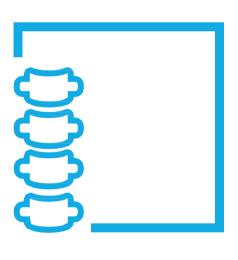


# AN OSTEOPOROTIC FRACTURE IS ESTIMATED TO OCCUR EVERY 3 SECONDS WORLDWIDE.

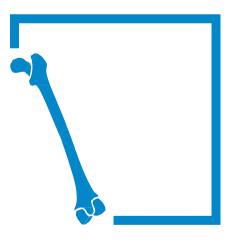
Every year, the most common fractures associated with osteoporosis occur at the hip, spine and wrist4.



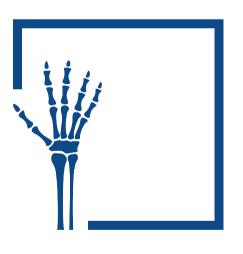
HIP 620,000



**SPINE 490,000** 



PROXIMAL HUMERUS 250,000



FOREARM **574,000** 

DEFINITION/ORIGIN

OSTEOPOROSIS

FRACTURE TYPE

FRACTURE INCIDENCE

THE BURDEN
OF A VCF

TREATMENT OPTIONS

BKP

VP

**MORTALITY RISK** 

**ECONOMIC VALUE** 

REFERENCES



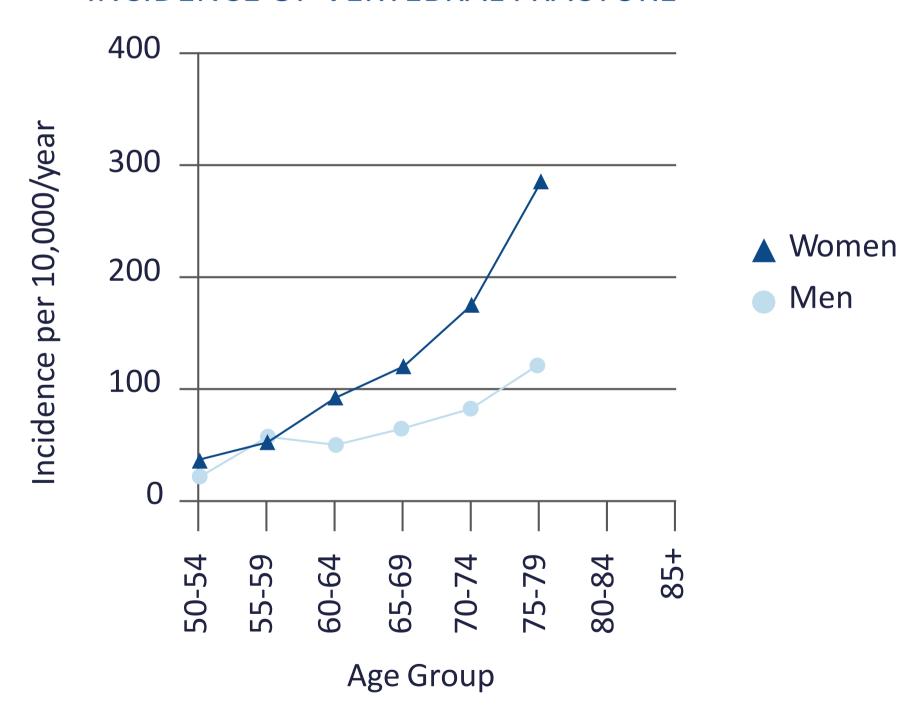
# FRACTURE INCIDENCE RISING WITH AGE





The lifetime risk of a 50-year-old person to experience an osteoporotic fracture has been estimated at 13–22% for men and at 40–50% for women<sup>4</sup>.

### INCIDENCE OF VERTEBRAL FRACTURE<sup>5</sup>



DEFINITION/ORIGIN

OSTEOPOROSIS

FRACTURE TYPE

FRACTURE INCIDENCE

THE BURDEN
OF A VCF

TREATMENT OPTIONS

BKP

VP

MORTALITY RISK

ECONOMIC VALUE

REFERENCES

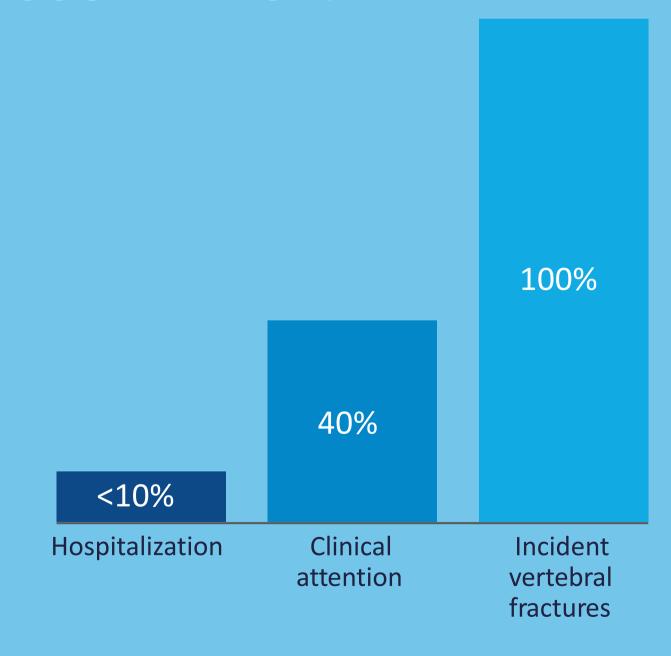


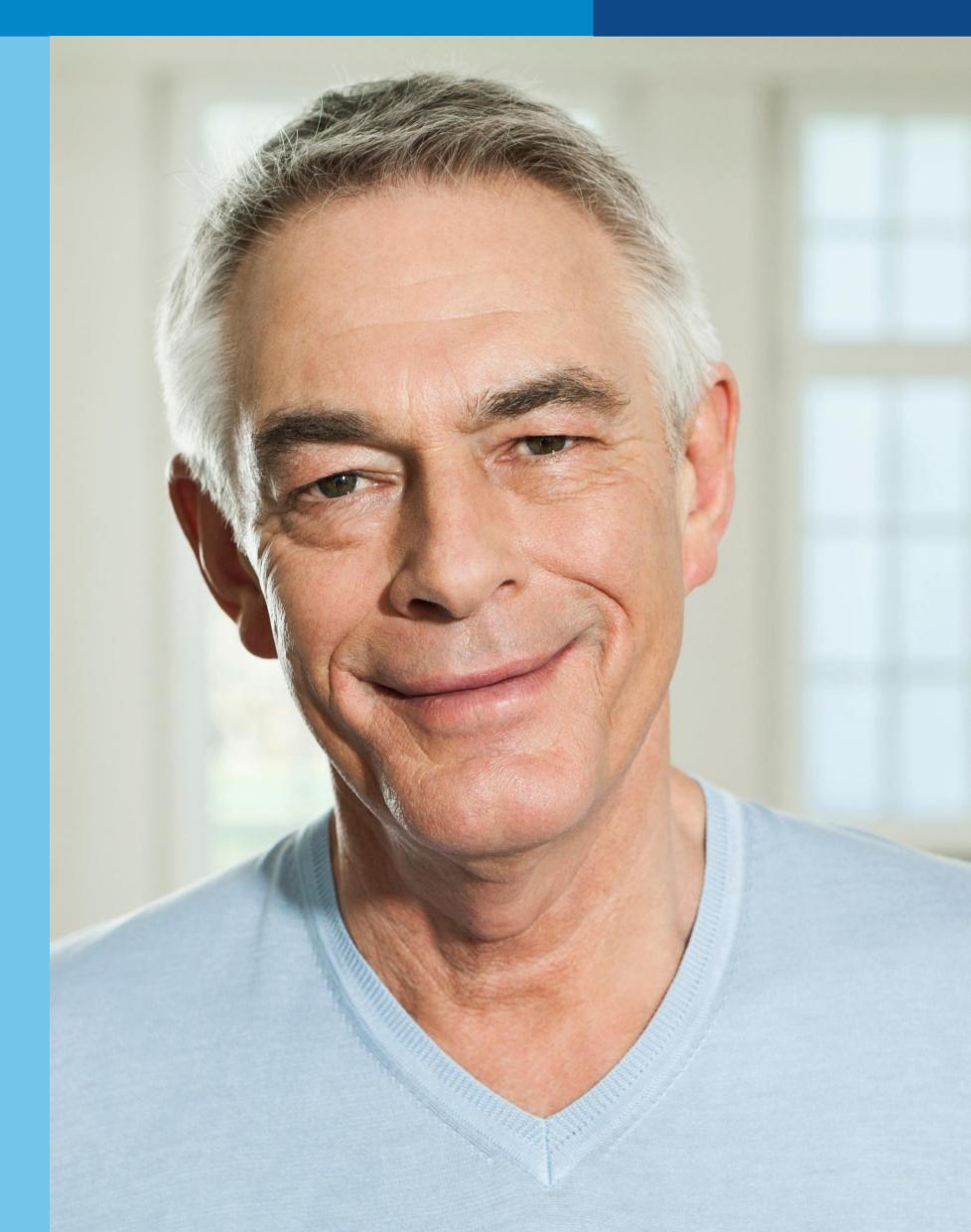
# FRACTURE INCIDENCE RISING WITH AGE

FRACTURE RISKS



# DID YOU KNOW THAT MOST OF THE VCF GO UNRECOGNIZED AT TIME OF OCCURRENCE?6





THE BURDEN OF A VCF

HUMANISTIC BURDEN

ECONOMIC IMPACT

TREATMENT OPTIONS

ВКР

VP

**MORTALITY RISK** 

**ECONOMIC VALUE** 

REFERENCES



### SIGNIFICANT HUMAN IMPACT

## VERTEBRAL COMPRESSION FRACTURES CAN RESULT IN A RANGE OF PHYSICAL COMPLICATIONS:

- Spinal deformity, which further increases future fracture risk
- Significant ongoing quality of life decreases mainly by reducing physical functioning
- Increased morbidity, described as "downward spiral"
- Increased mortality
- Height loss.



THE BURDEN
OF A VCF

HUMANISTIC BURDEN

ECONOMIC IMPACT

TREATMENT OPTIONS

ВКР

VP

**MORTALITY RISK** 

**ECONOMIC VALUE** 

REFERENCES



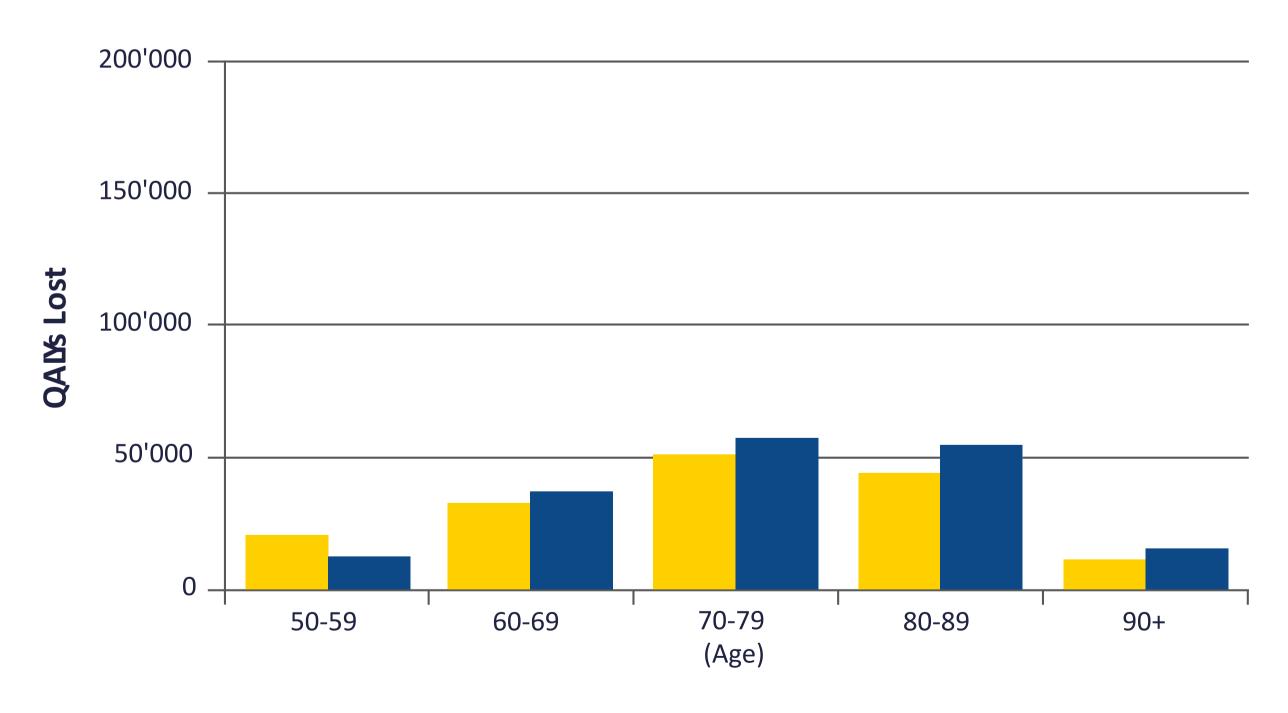
## SIGNIFICANT HUMAN IMPACT LOSS OF QUALITY OF LIFE AFTER UNTREATED VCF

SIGNIFICANT HUMAN IMPACT OVERVIEW



Over 59 years of age, quality of life is always reduced.

## AGE DISTRIBUTION (%) OF QALYS\* LOST EU IN 2010 ADAPTED FROM HERNLUND ET AL. 2013<sup>3</sup>



(\*) The QALY is a multi-dimensional outcome measure that incorporates both the quality (health related) and quantity (length) of life. QALYs are derived by multiplying the duration of life (years) with a health utility between 0 (death) and 1 (perfect health).

Prior vertebral fractures

Incident vertebral fractures

THE BURDEN
OF A VCF

HUMANISTIC BURDEN

ECONOMIC IMPACT

TREATMENT OPTIONS

ВКР

VP

**MORTALITY RISK** 

**ECONOMIC VALUE** 

REFERENCES



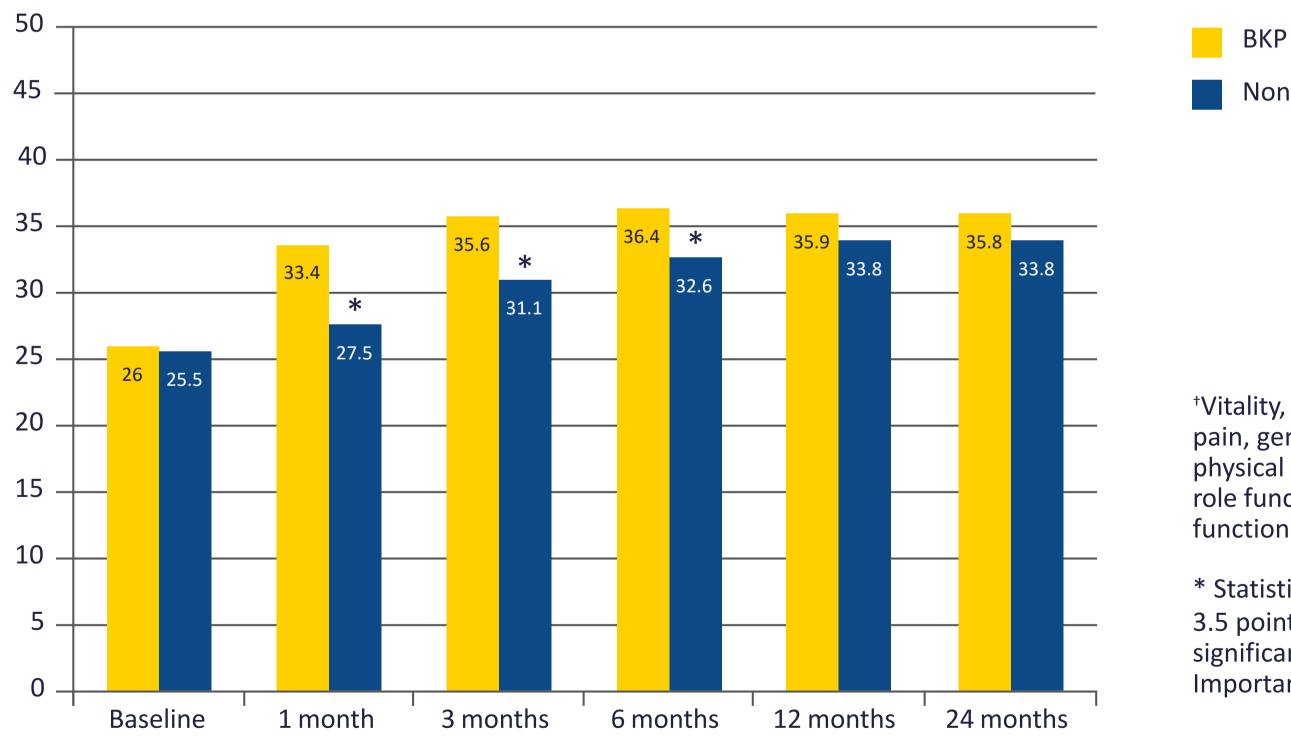
## SIGNIFICANT HUMAN BURDEN VCF IMPACT ON PAIN AND DISABILITY

SIGNIFICANT HUMAN IMPACT OVERVIEW



The Short Form (36) Health Survey is a 36-item, patient-reported survey of patient health, and measures multiple functionings<sup>†</sup>.

#### SF-36 PHYSICAL COMPONENT SCORE<sup>11</sup>



Non Surgical Management (NSM)

†Vitality, physical functioning, bodily pain, general health perceptions, physical role functioning, emotional role functioning, social role functioning and mental health.

\* Statistically significant difference 3.5 point change needed for clinical significance Minimally Clinically Important Difference (MCID)

THE BURDER

HUMANISTIC BURDEN

ECONOMIC IMPACT

TREATMENT OPTIONS

ВКР

VI

**MORTALITY RISK** 

**ECONOMIC VALUE** 

REFERENCES



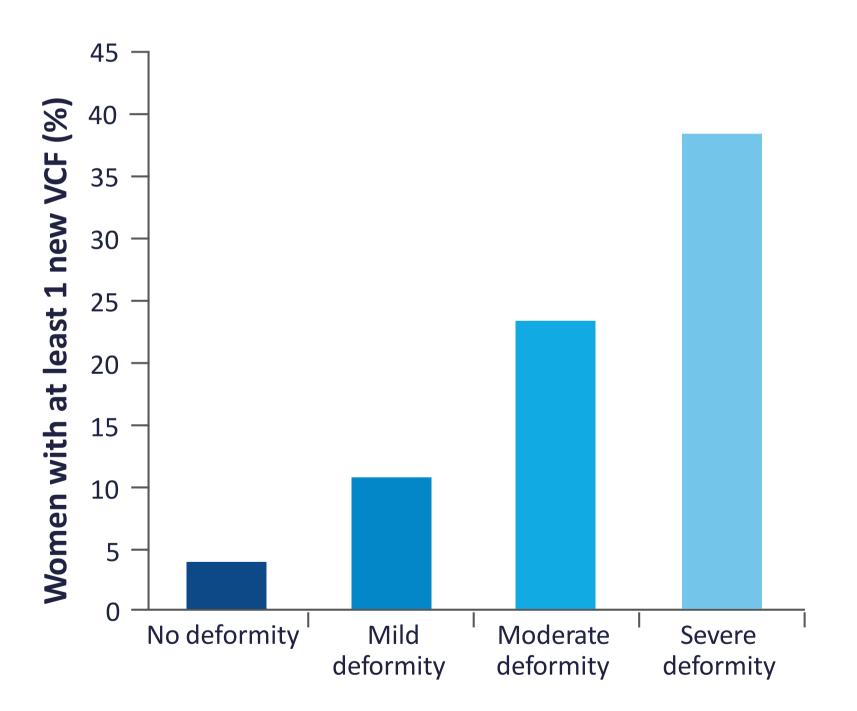
# SIGNIFICANT HUMAN BURDEN VCF IMPACT ON DEFORMITY

SIGNIFICANT HUMAN IMPACT OVERVIEW



5-FOLD
INCREASE IN RISK
OF SUBSEQUENT
SPINE FRACTURE<sup>1</sup>
2- TO 3-FOLD
INCREASE IN RISK
FOR FRACTURES AT
OTHER SITES<sup>2,3</sup>

Untreated spinal fractures often result in irreversible spinal deformity with abnormal curvature (kyphosis) – which in turn increases future fracture risk<sup>7</sup>.



THE BURDEN
OF A VCF

HUMANISTIC BURDEN

ECONOMIC IMPACT

TREATMENT OPTIONS

ВКР

VI

**MORTALITY RISK** 

**ECONOMIC VALUE** 

REFERENCES



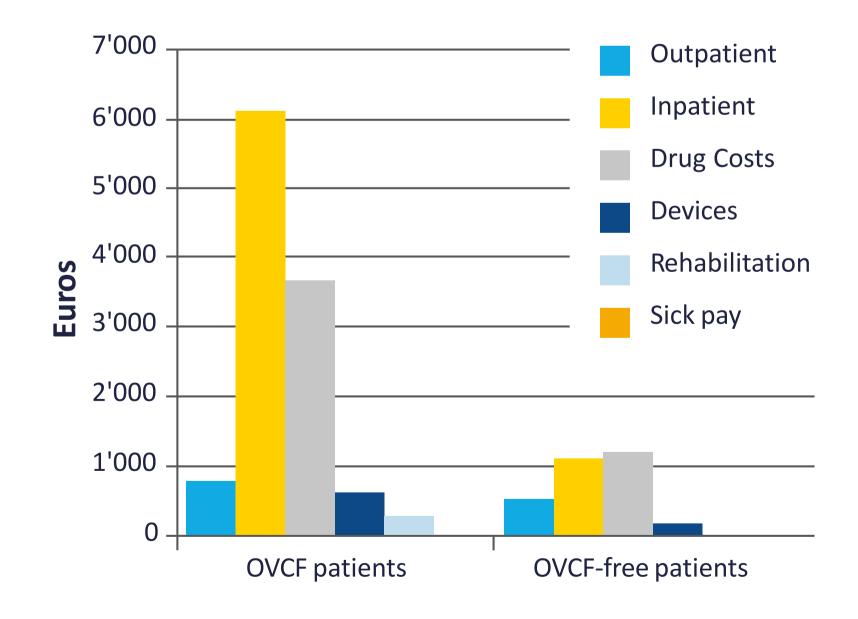
# VCF ECONOMIC BURDEN COST COMPARISON VCF vs VCF FREE PATIENTS

ESTIMATED THAT
HEALTH COSTS
FOR PATIENTS
EXPERIENCING
AT LEAST ONE CASE
OF VCF AND FOLLOWED
FOR ONE YEAR IS ABOUT
4 TIMES HIGHER
THAN THOSE OF
VCF-FREE PATIENTS (€
11,435 VS € 3,235)<sup>4</sup>

In 2005, the European Union annual cost of fractures related to osteoporosis pegged at euro 37.0 billion, expected to increase by 25 % in 2025.

## TOTAL ALL CAUSE COST COMPARISON BETWEEN OVCF AND OVCF-FREE PATIENTS

ADAPTED FROM LANGE ET AL 2014<sup>4</sup>



THE BURDEN OF A VCF

TREATMEN

BKP

VP

MORTALITY RISK

**ECONOMIC VALUE** 

REFERENCES



# TREATMENT OPTIONS FOR OVCF BKP, VP, NSM

STUDY



There are 3 different ways to treat a VCF. First line of treatment is usually a Non-Surgical Management method, the Vertebroplasty or Balloon Kyphoplasty.

	NSM	VP	BKP
Principle	Bed Rest, bracing, physiotherapy, medication	Bone cement is injected into the vertebra to stabilize	Use of a balloon in the vertebra to restore kyphotic angle and then cement injection
Pain Relief	Over time Some	Immediate Most (1 year) <sup>9</sup>	Immediate Most (2 years) <sup>9</sup>
Spinal Stabilisation	Not satisfactory	Yes	Yes
Corrects kyphosis	No	No	Yes

THE BURDEN OF A VCF

TREATMENT OPTIONS

BKP

VP

**MORTALITY RISK** 

**ECONOMIC VALUE** 

BETWEEN
2005 AND 2008
858,978 PEOPLE
WERE DIAGNOSED
WITH A VCF IN
THE UNITED STATES<sup>10</sup>

Kyphoplasty patients have a 34% greater adjusted life expectancy than vertebroplasty patient

Patients being treated by BKP/VP have 43% less mortality risk than those treated by non-surgical management

REFERENCES



# TREATMENT OPTIONS OVERVIEW





THE BURDEN
OF A VCF

TREATMENT OPTIONS

**BKP** 

THERAPY OVERVIEW

CLINICAL EVIDENCE

MEDTRONIC'S PORTFOLIO OFFERING

VP

**MORTALITY RISK** 

**ECONOMIC VALUE** 

REFERENCES



# BALLOON KYPHOPLASTY THE POWER OF THE BALLOON

KYPHOPLASTY INVOLVES
INSERTING A
BALLOON-LIKE
DEVICE (TAMP) INTO
THE VERTEBRAL BODY,
USING LOCAL
OR GENERAL
ANAESTHETIC
VIA TWO SMALL
BILATERAL INCISIONS IN
THE SKIN



**1.** Fractured vertebra



**2.** Balloon inserted into vertebra



**3.** Balloon inflated to lift endplates



**4.** Cavity created in vertebra



**5.** Bone cement injected into cavity



**6.** Internal cast stabilizes fracture

THE BURDEN OF A VCF

TREATMENT OPTIONS

**BKP** 

THERAPY OVERVIEW

CLINICAL EVIDENCE

MEDTRONIC'S PORTFOLIO OFFERING

VP

**MORTALITY RISK** 

**ECONOMIC VALUE** 

REFERENCES

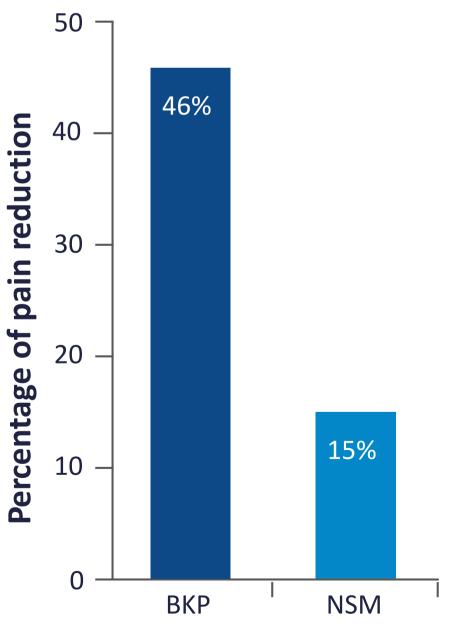


# CLINICAL EVIDENCE BKP COMPARED TO NSM: SUSTAINED PAIN RELIEF

3 TIMES
MORE PAIN
REDUCTION
AT 1 WEEK
VS. NSM 12

For patients with VCFs Intervention treatment like Kyphon™ Balloon Kyphoplasty, provides significant benefits.

#### RAPID AND SUSTAINED PAIN RELIEF<sup>11-12</sup>



Pain scores showed statistically significant improvement in the BKP group vs. NSM at 1 week (p<0.001) and improvement was maintained through 2 years (p=0.009)<sup>12</sup>

THE BURDEN OF A VCF

TREATMENT OPTIONS

#### **BKP**

THERAPY OVERVIEW

CLINICAL EVIDENCI

MEDTRONIC'S PORTFOLIO OFFERING

VP

**MORTALITY RISK** 

**ECONOMIC VALUE** 

REFERENCES



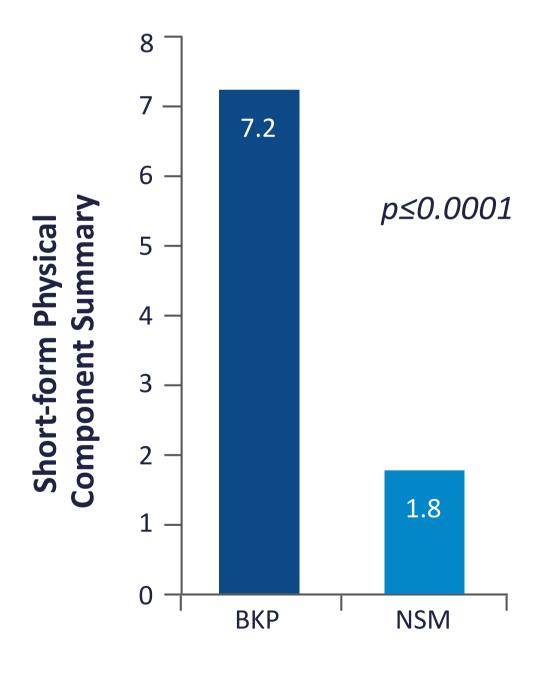
# CLINICAL EVIDENCE BKP COMPARED TO NSM: IMPROVED QUALITY OF LIFE

# 4 TIMES MORE IMPROVEMENT IN QUALITY OF LIFE AT 1 MONTH VS. NSM 11

Significantly improved quality of life when averaged across 2 years vs. NSM <sup>12</sup>

For patients with VCFs Intervention treatment like Kyphon™ Balloon Kyphoplasty, provides significant benefits.

### ENHANCED QUALITY OF LIFE<sup>11-12</sup>



THE BURDEN OF A VCF

TREATMENT OPTIONS

**BKP** 

THERAPY OVERVIEW

CLINICAL FVIDENCE

MEDTRONIC'S PORTFOLIO OFFERING

VP

MORTALITY RISK

**ECONOMIC VALUE** 

**REFERENCES** 



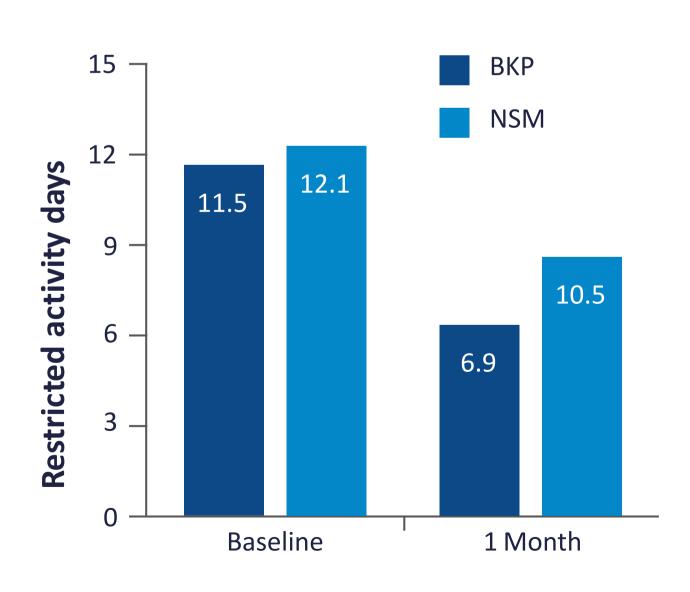
# CLINICAL EVIDENCE BKP COMPARED TO NSM: IMPROVED MOBILITY

5 FEWER
DAYS OF
RESTRICTED
ACTIVITY
AT 1 MONTH
VS. NSM<sup>12</sup>

136 MORE
DAYS OF
ACTIVITY
GAINED
AT 2 YEARS
VS. NSM<sup>12</sup>

- BKP has been shown to restore vertebral height<sup>13</sup>
- Height improvement with BKP was maintained at 12 and 36 months
- Vertebral height in control (NSM) patients was further reduced.

#### IMPROVED MOBILITY<sup>11-12</sup>



THE BURDEN OF A VCF

TREATMENT OPTIONS

**BKP** 

THERAPY OVERVIEW

CLINICAL EVIDENCE

MEDTRONIC'S PORTFOLIO OFFERING

VP

**MORTALITY RISK** 

**ECONOMIC VALUE** 

REFERENCES

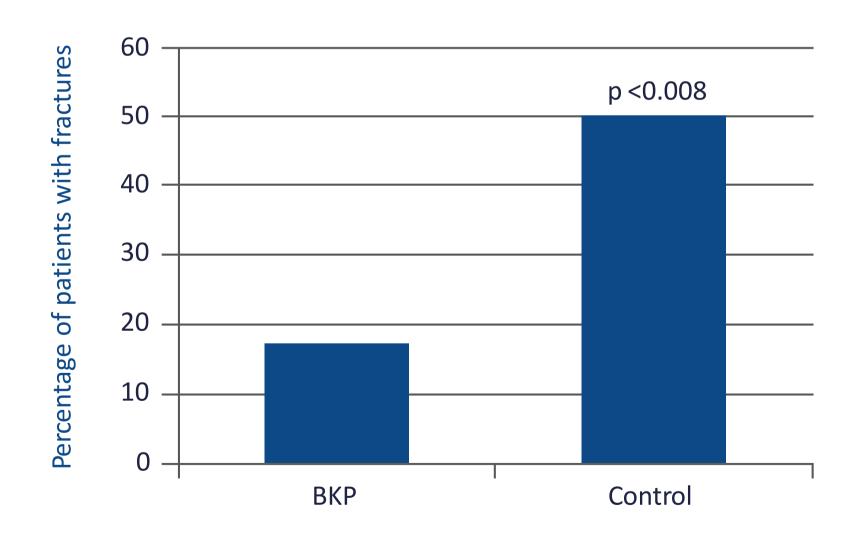


# CLINICAL EVIDENCE BKP COMPARED TO NSM: SUBSEQUENT FRACTURES

# 3 TIMES LESS FRACTURES

- BKP prevents subsequent fractures.
- Prospective controlled studies have shown that the subsequent vertebral fracture risk is significantly lower with BKP compared to NSM<sup>14-17</sup>.

# SUBSEQUENT NEW FRACTURE RATES BKP VS. NSM IN OSTEOPOROSIS<sup>16</sup>



THE BURDEN OF A VCF

TREATMENT OPTIONS

#### BKP

THERAPY OVERVIEW

CLINICAL EVIDENCE

MEDTRONIC'S PORTFOLIO OFFERING

VP

**MORTALITY RISK** 

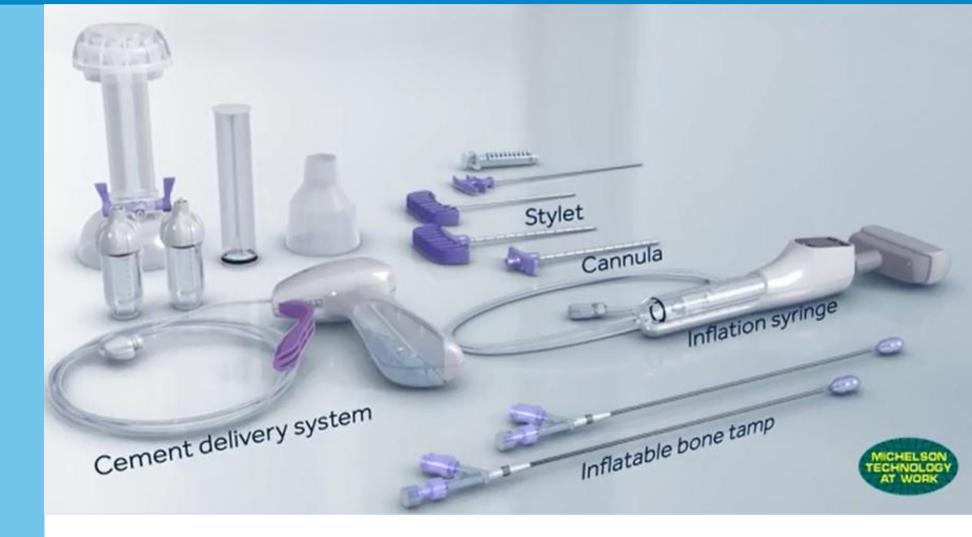
**ECONOMIC VALUE** 

REFERENCES



## PORTFOLIO OFFERING BALLOON KYPHOPLASTY

BKP IS A MINIMALLY
INVASIVE TREATMENT
THAT HAS BEEN
REPORTED TO
REDUCE PAIN
CAUSED BY VCFS,
PARTIALLY RESTORE
LOSS OF VERTEBRAL
HEIGHT AND IMPROVE
FUNCTIONS AND QUALITY
OF LIFE (QOL)<sup>1,2</sup>



THE BURDEN OF A VCF

TREATMENT OPTIONS

BKP

VP

THERAPY OVERVIEV

MEDTRONIC'S PORTFOLIO OFFERING

MORTALITY RISK

**ECONOMIC VALUE** 

REFERENCES



## **VERTEBROPLASTY**

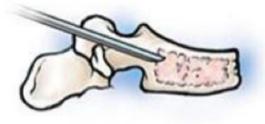
# VERTEBROPLASTY IS A DIFFERENT PROCEDURE TO BALLOON KYPHOPLASTY

Cement is also injected into the vertebral body without the use of a balloon.



#### **Problem:**

Vertebral Compression Fractures causing pain and spine deformity.



#### **Initial Entry:**

A biopsy needle is guided into the fractured vertebra through a small incision in the skin.



Stabilization: Acrylic bone cement is injected into the vertebra, filling up the vertebral body.



#### Post-op:

Vertebra with hardened cement, vertebral structure is stabilized but not reduced.

THE BURDEN OF A VCF

TREATMENT OPTIONS

BKP

VI

THERAPY OVERVIEW

MEDTRONIC'S PORTFOLIO OFFERING

**MORTALITY RISK** 

**ECONOMIC VALUE** 

REFERENCES



## **VERTEBROPLASTY**



Kyphon<sup>™</sup> Cement Delivery System (CDS) with **Kyphon V Premium Vertebroplasty System** allows you to:

- Minimize Radiation Exposure<sup>18</sup> by standing up to 1.2 meters away from the radiation source which has been measured to reduce radiation exposure by 80%
- Stop Cement Flow Instantly<sup>19</sup>
   by pushing the Quick Release button to minimize the potential for cement extravasation

THE BURDEN OF A VCF

TREATMENT OPTIONS

ВКР

VP

**MORTALITY RISK** 

**ECONOMIC VALUE** 

REFERENCES



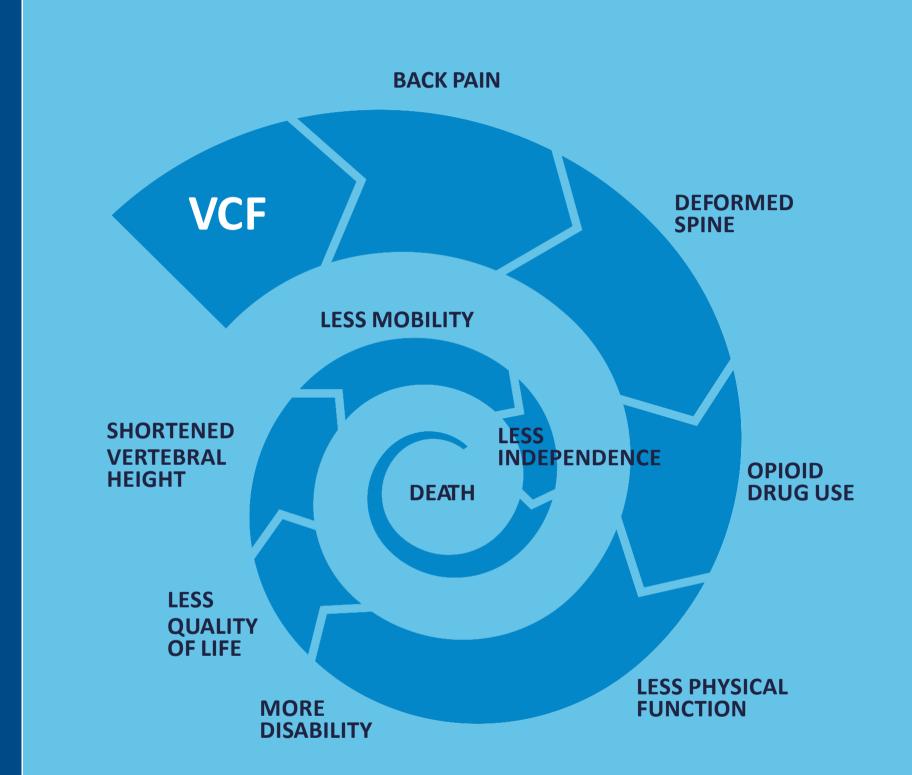
# MORTALITY RISK DOWNWARD SPIRAL OF COMPLICATIONS

## AVOID THE RISKS

Early diagnosis and treatment are important steps to avoid the downward spiral of complications associated with untreated VCF<sup>20-24</sup>.

Over time, this condition may squeeze your internal organs and cause:

- reduced activity and mobility<sup>23-24</sup>
- sleep disorders and reduction in appetite<sup>23-24</sup>
- feelings of isolation and sadness <sup>23-24</sup>
- greater risk of future fracture<sup>23</sup>
- risk of death<sup>20</sup>



People with spinal fractures are at increased risk of complications and death compared with people who don't have spinal fractures<sup>25</sup>.

THE BURDEN OF A VCF

TREATMENT OPTIONS

BKP

**MORTALITY RISK** 

**ECONOMIC VALUE** 

### **MORTALITY RISK**

# 43% LOWER MORTALITY RISK FOR BKP/VP PATIENTS COMPARED TO NSM PATIENTS

Mortality risk evidence for vertebral compression fracture (VCF) patients treated with surgical (BKP or VP) vs. non-surgical management (NSM).



4 studies<sup>26-29</sup>



**1,038,956** patients (Edidin et al, 2015)



Up to **5 years** of MEDPAR data

### **KEY FINDING**

Up to 43% lower mortality risk for BKP/VP patients vs. NSM patients, up to 5 years



1 study<sup>30</sup>



**126,392** patients (McCullough et al, 2013<sup>30</sup>)



1 year of MEDPAR data

### **KEY FINDING**

No difference in mortality risk between surgical and non-surgical patients

#### **VCF PATIENTS**

AT HIGHER RISK

Patients with VCF have a higher mortality risk than non-VCF patients<sup>31</sup>.

And survival rates decline after VCF<sup>31\*</sup>.

Years after VCF	Decline in survival rate
3	53.9%
5	30.9%
7	10.5%

REFERENCES



THE BURDEN OF A VCF

TREATMENT **OPTIONS** 

**BKP** 

VP

**MORTALITY RISK** 

**ECONOMIC VALUE** 

REFERENCES



### **MORTALITY RISK**

Patients treated with balloon kyphoplasty (BKP)/ Vertebroplasty (VP) had up to 43% lower mortality risk, up to 5 years, than patients treated with non-surgical management (NSM), in several large studies<sup>26-29</sup>. One study showed no difference<sup>30</sup>.

#### SIGNIFICANTLY LOWER MORTALITY RISK

#### Edidin et al. (JBMR 2011)

N=858,978

**BKP: 44% lower mortality risk** than NSM

(AHR = 0.56, 95% CI 0.55 - 0.57)

**VP: 24% lower mortality risk** than NSM

(4 years)+VP = vertebroplasty BKP = balloon kyphoplasty

BKP(n=119,253)/VP(n=63,693)/NSM(n=676,032)

#### Lange et al. (Spine 2014)

N=3,607

**VP/ BKP: 43% lower mortality risk** than NSM (AHR = 0.57; 95% CI 0.48 - 0.70)

(5 years)++

PKD /n = 4/41 / V/D /n = 157 / NISM /n = 2.000 /

#### Chen et al. (JBJS 2013)

N=68,752

BKP: 32.3% lower mortality risk than NSM

(AHR = 0.68, 95% CI 0.66 - 0.70)

**VP: 15.5% lower mortality risk than** NSM

(3 years)+

BKP(n=22,817)/VP(n=7,686)/NSM(n=38,249)

#### Edidin et al. (Spine 2015)

N=1,038,956

NSM: 55% higher mortality risk

(AHR = 1.55, 95% CI 1.53 - 1.56)

#### 25% higher mortality risk than VP

After propensity matching, the Kaplan-Meier risk of mortality at 4 years was still found to be greater for the

(AHR 1.62;9 5% CI: 1.60-1.64)

(4 years)+

BKP (n=141.343)/VP(n=75.364)/NSM(n=822.249)

- +Adjusted mortality risk (p<0.001)/AHR= adjusted hazard ratio
- +Retrospective database review of claims data that evaluated the mortality risk for patients with VCFs undergoing different treatment modalities
- ++Observational study of claims data that examined the survival of patients treated with BKP/ VP vs. NSM with a follow-up time of up to 5 years

### NO DIFFERENCE IN MORTALITY RISK

#### McCullough et al. (JAMA 2013)

N = 126,392

BKP/VP: Significantly lower mortality risk than NSM

(AHR = 0.83; 95% CI: 0.75 - 0.92)

After propensity score matching to better account for selection bias, 1 year mortality was not significantly different

(HR 0.92; 95% CI: 0.81-1.04 (p=0.18))

(1 year)+

Vertebral Augmentation (n=10,541)/NSM(n=115,851)

THE BURDEN OF A VCF

TREATMENT OPTIONS

ВКР

VP

**MORTALITY RISK** 

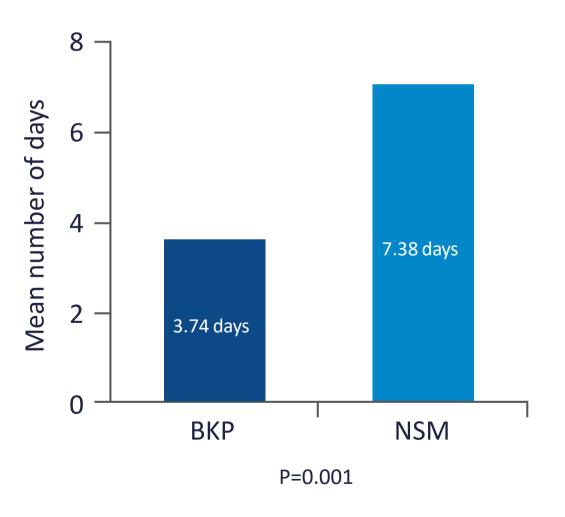
**ECONOMIC VALUE** 

**REFERENCES** 

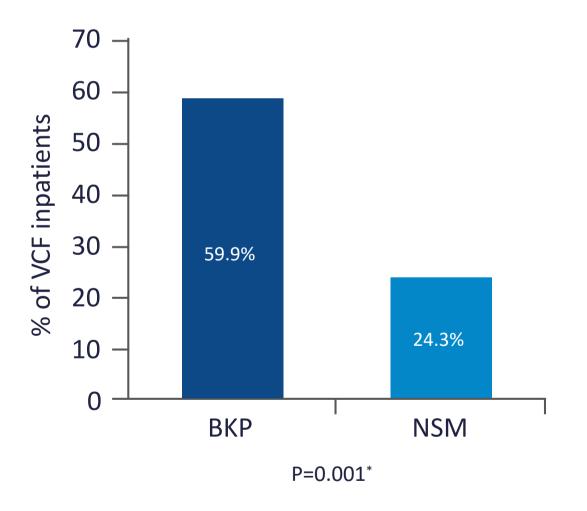
# THE SAVINGS OF TREATING A VCF WITH BKP

In a retrospective review of 68,752 patients<sup>32</sup>, compared with non-surgical management (NSM), balloon kyphoplasty (BKP) demonstrated:

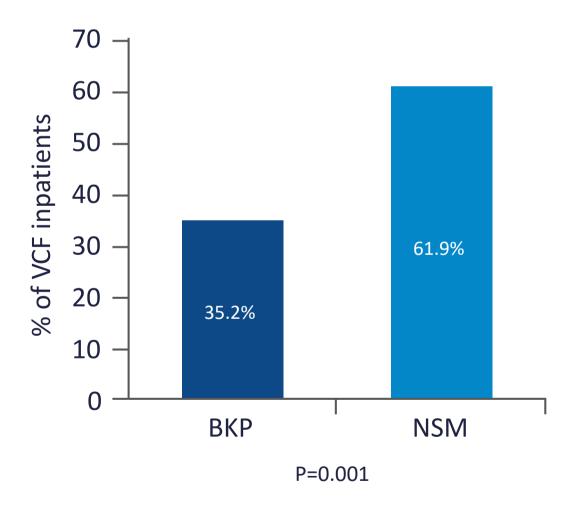
### SIGNIFICANTLY SHORTER LENGTH OF STAY



# SIGNIFICANTLY GREATER LIKELIHOOD OF ROUTINE DISCHARGES TO HOME



### SIGNIFICANTLY LOWER READMISSION RATE (WITHIN 30 DAYS)



THE BURDEN OF A VCF

TREATMENT OPTIONS

ВКР

VP

**MORTALITY RISK** 

**ECONOMIC VALUE** 

REFERENCES



### REFERENCES

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THE BURDEN OF A VCF

TREATMENT OPTIONS

ВКР

VP

**MORTALITY RISK** 

**ECONOMIC VALUE** 

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